

Intermediate Hypnosis Schedule

FRIDAY

- 1:30 - 2:00 Registration
- 2-2:20 Welcome & Introductions
- 2:20-3:20 Refining Inductions & Deepening
- 3:20-4:20 Language & Metaphors: Speaking the Language of the Unconscious
- 4:20-5:00 Group Experience

Dinner

- 6:00 - 7:00 Ego Strengthening & Depression
- 7:00 - 9:00 Psychodynamic Exploration

Time: 6 hours

SATURDAY

- 8:30-9:30 Mind-Body Medicine
- 9:30-10:00 Ideomotor Signaling

Break

- 10:15-11:45 Applications of Hypnosis: Pain : Chronic, Acute, Procedural
- 11:45-12:15 Preparing Patients for Surgery

Lunch

- 1:30-3:00 Small Group # 1: Utilizing ideomotor signaling

Break

- 3:15-4:15 Applications of Hypnosis: Anxiety
- 4:15-5:15 Applications of Hypnosis: Habit Disorders

Time: 7 hours

- 5:30 Wine and Cheese Reception

Intermediate Hypnosis Schedule

SUNDAY

8:00-8:30 Applications of Hypnosis: Phobias

8:30-10:00 Small Group # 2 - Practicing techniques for pain or anxiety-

Break

10:15-11:45 Pediatrics: Lessons for all Ages

11:45-12:15 Performance Enhancement

Lunch

1:30- 3:00 Small Group # 3: Trying something new -

Break

3:15-4:15 Integrating into Practice: Psychology/Medicine

4:15-4:45 Ethics, Professional Development, Organ-
izations, Certification & Evaluation

Time 7 hours

Total time: 20 hours