

**DAVID N. GOTTSEGEN, MD ABMH**

**HOME:** 338 Stebbins Street  
Belchertown, MA 01007

**OFFICE:** Holyoke Pediatric Associates  
150 Lower Westfield Road

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**EDUCATION**

June 1977: Bachelor of Arts, Magna Cum Laude, Brown University, Providence, Rhode Island

Majors: Biology and English

June 1982: Doctor of Medicine, State University of New York at Buffalo School of Medicine,

Buffalo, New York.

**INTERNSHIPS**

June 1982 - June 1983: Duluth Graduate Medical Education Council, Residency in Family Practice,

Duluth, Minnesota

July 1983 - June 1984: University of Minnesota Department of Pediatrics Residency in Pediatrics,

Minneapolis, Minnesota

**RESIDENCY:** July, 1984 - June, 1986: University of Minnesota Department of Pediatrics Residency in Pediatrics,

Minneapolis, Minnesota. Electives included rotations in Child Development and Clinical Psychology,

Adolescent Medicine and Developmental Disabilities (Gillette Children's Hospital).

**CONTINUING MEDICAL EDUCATION**

April 1991: Month long externship at Children's Hospital Medical Center, Department of Ambulatory Pediatrics, with the School Function and related clinics, included training in neurodevelopmental evaluations

1994 - 2000: Workshops and Supervision in Clinical Hypnosis, under the auspices of the Society for Developmental and Behavioral Pediatrics.

1998: Certification in Clinical Hypnosis by the American Society for Clinical Hypnosis (ASCH)

2000: Approved as consultant by ASCH

2008: Passed examinations by the American Board of Medical Hypnosis

**EMPLOYMENT:**

September 1977 - June 1978: Science teacher, Shaw Preparatory School, Boston, Massachusetts

June - August 1979: Medical and Science writer, Mass Media Fellows Program, American Association for the Advancement of Science, Washington, D.C. (Reporter for the Milwaukee Journal).

June - August 1980: Intern - Occupational Safety and Health Program, Department of Community Medicine, Montefiore Hospital and the Albert Einstein College of Medicine, Bronx, NY

August 1986 - July 1992: Pediatrician, Northeast Permanente Medical Group, Amherst Medical Center, Amherst, Massachusetts

July 1992 - present: Pediatrician, Holyoke Pediatric Associates, 150 Lower Westfield Road, Holyoke, Massachusetts, and 488 Newton Street, South Hadley, Massachusetts

2006-present: Part time Pediatrician, Holyoke Medical Center Nursery, Holyoke, MA

2007-present: Pediatric Director, Northampton Nursing Home and Rehabilitation Center, Northampton, MA

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**PROFESSIONAL AND COMMUNITY ACTIVITIES:**

September 1986 - July 1992: School Physician, Amherst Public Schools  
September 1987 - July 1992: Board of Directors, Amherst Family Center, Amherst, MA

January 1991 - July 1992: Established multi-disciplinary ADD evaluation program, Amherst Med. Center

June 1991 - June 1994: Board of Directors, Belchertown Day School, Belchertown, MA

President, Board of Directors, June 1993 - June 1994

1994 - 1997: Pediatric Consultant, Brightside Center for Children, West Springfield, MA. Consultant for

adoptive parents, including pre- adoption physical exams, and for children with behavioral and emotional problems, in residential and community setting.

1996 - 2004: Coordinator of project in asthma education and of Pediatric Research in Office Setting (PROS) projects in management of febrile children, Child Behavior Study, and Safety Check Study, Holyoke Pediatric Associates, Holyoke, MA.

1997 – present: Consultant for area pediatricians and sub specialists for children with headaches, enuresis tic disorders and other conditions, using hypnotherapy and biofeedback

**ACADEMIC HONORS:** September, 1981: Dean’s Commendation: Honors in clinical rotations at SUNY at Buffalo School of Medicine

**LICENSURE:** Commonwealth of Massachusetts

**PUBLICATIONS:** Pneumococcal osteomyelitis associated with IgG2 subclass deficiency. Pediatric Infectious Disease 6:281, 1987.

Index of Suspicion: Case of Partial Complex Seizures. Pediatrics in Review. Pediatrics Review and Education Program (PREP), 20:5, May 1999.

“Development of New, Different Seizure Activity,” Challenges in Pediatric Diagnosis. American Academy of Pediatrics, 2000.

“Curing Bedwetting on the Spot: A Review of One-Session Cures,” Clinical Pediatrics. 2003, 42:273-275.

"Self Regulation for Enuresis: A Review of 100 cases" (in press)

**STAFF PRIVILEGES:** Holyoke Hospital, Holyoke, Massachusetts  
Baystate Medical Center, Springfield, Massachusetts

**ACADEMIC APPOINTMENTS:** Clinical Instructor, Tufts University School of Medicine

**PRESENTATIONS:** Grand Rounds, Baystate Medical Center, *Pediatric Hypnotherapy*, January 1999

Baystate Parents Series, *Holistic Pediatrics*, February 2003

*Hypnotherapy for Enuresis*, Presentation to Pioneer Valley Urological

Society, *October* 2003

*Hypnosis for Pediatric Abdominal Pain and urological problems,*  
Workshop at ASCH  
national meeting, St. Louis, and short presentation "Curing Bed-wetting in one  
session", March, 2005

*Hypnotic Techniques in Primary Pediatrics,* All day workshop with  
Linda Thomson,  
March 2006

*Helping Children Have Calm Tummies and Dry Beds* workshop at  
ASCH national meeting,  
Orlando, Fla., March 2006.

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**PRESENTATIONS** (continued):

Faculty member in four day workshop: *Hypnosis in Primary Care,*  
International Society of  
Hypnosis biannual meeting, Acapulco, Mexico, August 2006

*Hypnosis in Medicine,* Medical Grand Rounds, Cooley Dickinson Hospital,  
Northampton,  
MA, September 2007

**COMMITTEES AND HOSPITAL ACTIVITIES**

July 1988 - November 1989: Ethics Committee, Amherst Medical Center  
November 1989 - July 1992: Health Education Committee, Amherst Medical  
Center  
July 1989 - July 1990: Infection Control Committee, Cooley Dickinson Hospital  
July 1990 - July 1992: Credentials Committee, Cooley Dickinson Hospital  
October 1989, April 1995, and March 1997: Clinical Attending Physician, Baystate  
Medical Center  
April 1997 - 1998t: Reach Out and Read, organizing committee, Holyoke Pediatric  
Associates  
2005-2007, Chief of Clinical Committee, Holyoke Pediatric Associates  
2008-present: member of Executive Committee, Holyoke Pediatric Associates

**PROFESSIONAL MEMBERSHIPS:** Fellow, American Academy of Pediatrics  
Member, American Society for Clinical Hypnosis  
Member Society for Developmental and Behavioral  
Pediatrics

**HOBBIES AND INTERESTS:** Hiking, canine agility training, skiing, dance, swimming

**SPOUSE:** Shelly Johnson Gottsegen

**CHILDREN:** Jessica Rose Gottsegen. Born: July 31, 1987  
Liza Rachel Gottsegen. Born: May 31, 1990.

**DOGS:** Jazz and Blue