

# Ethics, Organizations and Certification

Hypnovations Hypnosis Workshops III

Burlington, VT

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# Objectives

- Describe ethical issues and standards for professional conduct in using hypnosis clinically.
- Discuss further training opportunities and ASCH certification.

Ethical responsibilities are  
founded upon the recognition  
that therapy/treatment  
involves three important  
variables:

Trust  
Power  
Caring

Wall

# Professional Ethics

## involves three basic tasks:

Acknowledging the importance of the patient whose life is affected by our actions.

Understanding the nature of the professional relationship, its boundaries and our interventions.

Affirming that we are accountable for our professional actions.

Wall

# ASCH Code of Conduct

- Representation of one's hypnosis services to the public
- Practicing within the bounds of one's license and discipline
- Responsibility for public education
- Continuing education
- Informed consent
- Teaching hypnosis to others

# Ethical Issues

- Lay Hypnotists
- Use hypnosis only to treat those conditions that you are prepared to treat without hypnosis
- Hypnotic relationships are professional relationships even in the context of workshops

# Pitfalls specific to hypnotic relationship

- Misdiagnosis
- Touch
- Heightened Transference
- Availability of unconscious material
- Legal issues – memory debates

# ASCH Credentialing in Hypnosis

- Certification
  - 40 Workshop Hrs (20 Basic, 20 Intermediate)
  - 20 hrs individualized consultation on clinical work
  - 2 yrs independent practice using hypnosis
- Approved Consultant
  - 60 additional workshop hrs
  - 5 yrs independent practice using hypnosis
  - ASCH or SCEH membership

# Professional Organizations

- American Society of Clinical Hypnosis
  - [www.asch.net](http://www.asch.net)
  - Local component societies
- Society of Clinical and Experimental Hypnosis
  - [www.sceh.us](http://www.sceh.us)
- International Society of Hypnosis
  - [www.ish-web.org](http://www.ish-web.org)
- The Milton Erickson Foundation
  - [www.erickson-foundation.org](http://www.erickson-foundation.org)

# Specialty Boards in Hypnosis

## American Boards of Clinical Hypnosis

- Medicine
- Dentistry
- Psychology
- Social Work
- Nursing